# Expanding General Relativity in the Speed of Light 

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## Outline

- Introduction
- Newton-Cartan geometry
- Non-relativistic expansion of GR
- Carroll geometry
- Ultra-local expansion of GR


## Why not relativistic?

What's wrong with Lorentzian symmetries?
Nothing, but string theory is hard!

My original motivation: holography

- dual models for non-relativistic strongly-coupled matter
- break Lorentzian symmetries using background fields [Taylor]
- intrinsic non-relativistic approach?

Related: non-relativistic strings and quantum gravity [Gomis, Ooguri] [Danielsson, Guijosa, Kruczenski]

- decoupling limit of string theory
- non-relativistic spectrum
- easier worldsheet theory?

See also our recent review on non-relativistic strings [GO, Yan]


## Why not relativistic?

What's wrong with Lorentzian symmetries?
Nothing, but general relativity is also hard!

We know how Einstein gravity contains Newtonian gravity,

$$
g_{00}=-(1+2 \Phi), \quad v / c \ll 1, \quad \text { weak coupling }
$$

but where is the geometry? Not covariant! Galilean symmetries?
$\Longrightarrow$ Newton-Cartan geometry! [Cartan] [Künzle] [Dautcourt] ..

Now understand better [Van den Bleeken] [Hansen, Hartong, Obers]

- how Newton-Cartan geometry arises from Lorentzian
- how Newtonian gravity arises from GR
- weak coupling and low velocity are independent

Main tool: covariant expansion of geometry in powers of $c$ around $c \rightarrow \infty$ (Galilean) and $c \rightarrow 0$ (Carroll)


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## Newton-Cartan geometry

Are used to 'relativistic' Lorentz boosts

$$
t \rightarrow t+\beta x, \quad x \rightarrow x+\beta t
$$

Non-relativistic limit $c \rightarrow \infty$ gives Galilean boosts

$$
t \rightarrow t, \quad x \rightarrow x+\lambda t, \quad \text { and } \quad \partial_{t} \rightarrow \partial_{t}+\lambda \partial_{x}, \quad \partial_{x} \rightarrow \partial_{x}
$$

Curved extension: not Lorentzian $g_{\mu \nu}\left(x^{\rho}\right)$ but Newton-Cartan, clock one-form $\tau_{\mu}\left(x^{\rho}\right)$ and spatial metric $h^{\mu \nu}\left(x^{\rho}\right)$

Complement with inverse $v^{\mu}\left(x^{\rho}\right)$ and $h_{\mu \nu}\left(x^{\rho}\right)$, satisfy

$$
v^{\mu} h_{\mu \nu}=0, \quad \tau_{\mu} h^{\mu \nu}=0, \quad \nu^{\mu} \tau_{\mu}=-1, \quad \delta_{\nu}^{\mu}=-v^{\mu} \tau_{\nu}+h^{\mu \rho} h_{\rho \nu}
$$

Transform under local Galilean boosts $\lambda_{\mu}\left(x^{\rho}\right)$ as

$$
\delta_{\lambda} \nu^{\mu}=\lambda^{\mu}, \quad \delta_{\lambda} h_{\mu \nu}=\lambda_{\mu} \tau_{\nu}+\tau_{\mu} \lambda_{\nu}
$$



## Newton-Cartan geometry

Newton-Cartan: clock one-form $\tau_{\mu}\left(x^{\rho}\right)$ and spatial metric $h^{\mu \nu}\left(x^{\rho}\right)$

Clock form gives space-time structure:

- if $d \tau \neq 0$ but $\tau \wedge d \tau=0$ get spatial foliation
- if $d \tau=0$ have $\tau=d t$, so absolute time (path-independent)

Natural connection $\check{\Gamma}_{\mu \nu}^{\rho}=-v^{\rho} \partial_{\mu} \tau_{\nu}+\frac{h^{\rho} \sigma}{2}\left(\partial_{\mu} h_{\nu \sigma}+\partial_{\nu} h_{\sigma \mu}-\partial_{\sigma} h_{\mu \nu}\right)$

- is metric-compatible: $\check{\nabla}_{\mu} \tau_{\nu}=0$ and $\check{\nabla}_{\rho} h^{\mu \nu}=0$
- has minimal torsion $\check{T}^{\rho}{ }_{\mu \nu}=2 \check{\Gamma}_{[\mu \nu]}^{\rho}=2 \partial_{[\mu} \tau_{\nu]}$
- zero torsion $\Longleftrightarrow$ absolute time

Associated curvature $\check{R}_{\mu \nu \rho}{ }^{\sigma}$ defined as usual


## Newton-Cartan geometry and gravity

Newton-Cartan: clock one-form $\tau_{\mu}\left(x^{\rho}\right)$ and spatial metric $h^{\mu \nu}\left(x^{\rho}\right)$, connection $\check{\Gamma}_{\mu \nu}{ }_{\mu}$ and curvature $\check{R}_{\mu \nu \rho}{ }^{\sigma}$

Could also add Bargmann mass field $m_{\mu}\left(x^{\rho}\right)$ to Newton-Cartan geometry and connection

This allows for a curvature formulation of the Poisson equation


$$
\nabla^{2} \Phi=4 \pi G \rho
$$

Using the background geometry

$$
\tau_{\mu} d x^{\mu}=d t, \quad h^{\mu \nu} \partial_{\mu} \partial_{\nu}=\delta^{i j} \partial_{i} \partial_{j}, \quad m_{\mu} d x^{\mu}=\Phi d t
$$

the Poisson equation corresponds to

$$
\check{R}_{\mu \nu}=4 \pi G \rho \tau_{\mu} \tau_{\nu}
$$




## Newton-Cartan geometry and gravity

Newton-Cartan: clock one-form $\tau_{\mu}\left(x^{\rho}\right)$ and spatial metric $h^{\mu \nu}\left(x^{\rho}\right)$, connection $\check{\Gamma}_{\mu \nu}^{\rho}$ and curvature $\check{R}_{\mu \nu \rho}{ }^{\sigma}$

Using the background geometry

$$
\tau_{\mu} d x^{\mu}=d t, \quad h^{\mu \nu} \partial_{\mu} \partial_{\nu}=\delta^{i j} \partial_{i} \partial_{j}, \quad m_{\mu} d x^{\mu}=\Phi d t
$$

get covariant curvature formulation of the Poisson equation

$$
\check{R}_{\mu \nu}=4 \pi G \rho \tau_{\mu} \tau_{\nu}
$$

However, this leaves many questions:

- why only this geometry? and why not dynamical?
- where did the $m_{\mu}$ field come from?
- how does Newton-Cartan arise from Lorentzian geometry?
- where did this equation of motion come from?
- geometrically, how does it arise from the Einstein equations?
- what are subleading corrections?



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## Newton-Cartan geometry from Lorentzian

From Lorentzian geometry, can get Newton-Cartan by expanding around $c \rightarrow \infty$

Two-step process [van den Bleeken] [Hansen, Hartong, Obers]

Rewrite: in a given frame, choose time vector $V^{\mu}$ and rewrite

$$
g_{\mu \nu}=-c^{2} T_{\mu} T_{\nu}+\Pi_{\mu \nu}, \quad g^{\mu \nu}=-\frac{1}{c^{2}} V^{\mu} V^{\nu}+\Pi^{\mu \nu}
$$

This exposes overall factors of $c^{2}$ in the metric
Expand: then Newton-Cartan geometry appears at leading order in $1 / c^{2}$ expansion,

$$
\begin{aligned}
T_{\mu} & =\tau_{\mu}+\frac{1}{c^{2}} m_{\mu}+\cdots, & V^{\mu} & =v^{\mu}+\cdots \\
\Pi^{\mu \nu} & =h^{\mu \nu}+\frac{1}{c^{2}} \Phi^{\mu \nu}+\cdots, & \Pi_{\mu \nu} & =h_{\mu \nu}+\cdots
\end{aligned}
$$

Local Lorentz symmetry $\rightarrow$ local Galilei symmetry + corrections


## Newton-Cartan geometry from Lorentzian

Newton-Cartan connection $\check{\Gamma}_{\mu \nu}^{\rho}$ and curvature $\check{R}_{\mu \nu \rho}{ }^{\sigma}$ can be obtained from Levi-Civita
First, rewrite Levi-Civita to expose overall factors of $c^{2}$, which gives

$$
\Gamma_{\mu \nu}^{\rho}=c^{2} S_{(-2)^{\rho}{ }_{\mu \nu}}+\bar{C}_{\mu \nu}^{\rho}+S_{(0)}{ }^{\rho}{ }_{\mu \nu}+\frac{1}{c^{2}} S_{(2)^{\rho}{ }_{\mu \nu},}
$$

where the $S^{\rho}{ }_{\mu \nu}$ are known tensors. Then expand to get $\bar{C}_{\mu \nu}^{\rho}=\check{\Gamma}_{\mu \nu}^{\rho}+\cdots$

Rewrite $\sqrt{-g}=c E$ where $E=\operatorname{det}\left(T_{\mu}, \Pi_{\mu \nu}\right)$ and expand $E=e+\cdots$ where $e=\operatorname{det}\left(\tau_{\mu}, h_{\mu \nu}\right)$

Finally, we can rewrite Levi-Civita Ricci scalar as

$$
R=c^{2} \Pi^{\mu \rho} \Pi^{\nu \sigma} \partial_{[\mu} T_{\nu]} \partial_{[\rho} T_{\sigma]}+\Pi^{\mu \nu} \bar{R}_{\mu \nu}+\frac{1}{c^{2}}\left[\mathscr{K}^{\mu \nu} \mathscr{K}_{\mu \nu}-\mathscr{K}^{2}\right]
$$

where $A_{\mu}=2 V^{\rho} \partial_{[\mu} T_{\rho]}$ is acceleration and $\mathscr{K}_{\mu \nu}=-\frac{1}{2} \mathscr{L}_{V} \Pi_{\mu \nu}$ is extrinsic curvature


## Newton-Cartan gravity from GR

Can then rewrite the Einstein-Hilbert action of General Relativity

$$
\begin{aligned}
S & =\frac{c^{3}}{16 \pi G} \int_{M} R \sqrt{-g} d^{d} x \\
& \approx \frac{c^{6}}{16 \pi G} \int_{M}\left[\Pi^{\mu \rho} \Pi^{\nu \sigma} \partial_{[\mu} T_{\nu]} \partial_{[\rho} T_{\sigma]}+\frac{1}{c^{2}} \Pi^{\mu \nu} \bar{R}_{\mu \nu}+\frac{1}{c^{4}}\left(\mathscr{K}^{\mu \nu} \mathscr{K}_{\mu \nu}-\mathscr{K}^{2}\right)\right] E d^{d} x
\end{aligned}
$$

From Lorentzian point of view, this is a somewhat strange thing to do!

$$
\text { ( } \bar{C}_{\mu \nu}^{\rho}=\check{\Gamma}_{\mu \nu}^{\rho}+\cdots \text { is neither flat nor Lorentz-metric-compatible nor torsion-free) }
$$

However it allows us to expand the action in $1 / c^{2}$, non-relativistic geometric expansion!

$$
S=c^{6} S_{\mathrm{LO}}+c^{4} S_{\mathrm{NLO}}+c^{2} S_{\mathrm{NNLO}}+\cdots
$$

At leading order,

$$
S_{\mathrm{LO}}=\frac{1}{16 \pi G} \int h^{\mu \rho} h^{\nu \sigma} \partial_{[\mu} \tau_{\nu]} \partial_{[\rho} \tau_{\sigma]} e d^{d} x \quad \text { leads to EOM } \quad \tau \wedge d \tau=0
$$



## Newton-Cartan gravity from GR

First rewrite the Einstein-Hilbert action of General Relativity

$$
\begin{aligned}
S & =\frac{c^{3}}{16 \pi G} \int_{M} R \sqrt{-g} d^{d} x \\
& \approx \frac{c^{6}}{16 \pi G} \int_{M}\left[\Pi^{\mu \rho} \Pi^{\nu \sigma} \partial_{[\mu} T_{\nu]} \partial_{[\rho} T_{\sigma]}+\frac{1}{c^{2}} \Pi^{\mu \nu} \bar{R}_{\mu \nu}+\frac{1}{c^{4}}\left(\mathscr{K}^{\mu \nu} \mathscr{K}_{\mu \nu}-\mathscr{K}^{2}\right)\right] E d^{d} x
\end{aligned}
$$

then expand the action in powers of $1 / c^{2}$


$$
S=c^{6} S_{\mathrm{LO}}+c^{4} S_{\mathrm{NLO}}+c^{2} S_{\mathrm{NNLO}}+\cdots
$$

At leading order, get foliation condition

$$
S_{\mathrm{LO}}=\frac{1}{16 \pi G} \int h^{\mu \rho} h^{\nu \sigma} \partial_{[\mu} \tau_{\nu]} \partial_{[\rho} \tau_{\sigma]} e d^{d} x \quad \text { leads to EOM } \quad \tau \wedge d \tau=0
$$

At next-to-next-to-leading order retrieve Poisson equation as subset of EOM! (But pretty complicated!)


## Newton-Cartan summary

So far,

- introduced Newton-Cartan geometry with local Galilean boosts
- obtained it at leading order in $c \rightarrow \infty$ expansion of Lorentzian geometry
- applied to the Einstein-Hilbert action
- derivation of Poisson equation from action principle for dynamical geometry!

Did not cover expansion of matter fields, solutions, geodesics ... [Van den Bleeken] [Hansen, Hartong, Obers]

Open problems:

- establish well-posed initial value problem
- NNLO theory looks complicated, but is it still easier than GR?

- make contact with numerical simulations?


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## Carroll symmetries

Are used to `relativistic' Lorentz boosts

$$
t \rightarrow t+\beta x, \quad x \rightarrow x+\beta t
$$

Non-relativistic limit $c \rightarrow \infty$ gives Galilean boosts

$$
t \rightarrow t, \quad x \rightarrow x+v t
$$

- appears in Lorentzian geometry on null surfaces such as $\mathscr{J}^{+}$
- BMS asymptotic symmetries are isomorphic to conformal Carroll algebra [Duval, Gibbons, Horvathy, Zhang]



## Carroll geometry

Are used to 'relativistic' Lorentz boosts

$$
t \rightarrow t+\beta x, \quad x \rightarrow x+\beta t
$$

Ultra-local Carroll limit $c \rightarrow \infty$ gives Carroll boosts

$$
t \rightarrow t+\lambda x, \quad x \rightarrow x \quad \text { and } \quad \partial_{t} \rightarrow \partial_{t}, \quad \partial_{x} \rightarrow \partial_{x}+\lambda \partial_{t}
$$

Geometry from time vector field $v^{\mu}\left(x^{\rho}\right)$ and spatial metric $h_{\mu \nu}\left(x^{\rho}\right)$ [Duval, Gibbons, Horvathy, Zhang] [Hartong] [Ciambelli, Marteau, Petropoulos...] [Hansen, Obers, GO, Søgaard]

Complement with inverse $\tau_{\mu}\left(x^{\rho}\right)$ and $h^{\mu \nu}\left(x^{\rho}\right)$, satisfy

$$
v^{\mu} h_{\mu \nu}=0, \quad \tau_{\mu} h^{\mu \nu}=0, \quad v^{\mu} \tau_{\mu}=-1, \quad \delta_{\nu}^{\mu}=-v^{\mu} \tau_{\nu}+h^{\mu \rho} h_{\rho \nu}
$$

Transform under local Carroll boosts $\lambda_{\mu}\left(x^{\rho}\right)$ as

$$
\delta_{\lambda} \tau_{\mu}=\lambda_{\mu}, \quad \delta_{\lambda} h^{\mu \nu}=\lambda^{\mu} v^{\nu}+v^{\mu} \lambda^{\nu}
$$






## Carroll symmetries and flat holography

Holographic dual field theory for asymptotically flat spacetimes?
In $3+1$ dim: $\mathrm{BMS}_{4}$ asymptotic symmetries on $\mathscr{J}^{+} \simeq \mathbb{R} \times S^{2}$
supertranslations $u \rightarrow u+f(z, \bar{z})$

- ~ Carroll boosts at each $(z, \bar{z})$
- suggests $3 d$ Carrollian CFT dual: $\mathrm{BMS}_{4} \simeq \mathrm{CCar}_{3}$
superrotations $z \rightarrow g(z), \quad \bar{z} \rightarrow \bar{g}(\bar{z})$
- Virasoro symmetries of $\mathrm{CFT}_{2}$
- suggests 2d celestial CFT dual: CCFT $_{2}$
$u$-direction enters in $\mathrm{CCFT}_{2}$ as conformal weight $\Delta \in 1+i \mathbb{R}$ [Pasterski, Shao, Strominger]

Few explicit $\mathrm{CCFT}_{2}$ theories known, but can construct $\mathrm{CCar}_{3}$ examples from $c \rightarrow 0$ limit


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## Carroll expansion of GR

Can also apply $c \rightarrow 0$ Carroll expansion to general relativity [Hansen, Obers, GO, Søgaard]

Using previous metric parametrization and expansion

$$
\begin{array}{lll}
g^{\mu \nu}=-\frac{1}{c^{2}} V^{\mu} V^{\nu}+\Pi^{\mu \nu} & V^{\mu}=v^{\mu}+c^{2} M^{\mu}+\cdots & \Pi^{\mu \nu}=h^{\mu \nu}+\cdots \\
g_{\mu \nu}=-c^{2} T_{\mu} T_{\nu}+\Pi_{\mu \nu} & T_{\mu}=\tau_{\mu}+\cdots & \Pi^{\mu \nu}=h^{\mu \nu}+\cdots
\end{array}
$$

can rewrite Einstein-Hilbert action as

$$
\begin{aligned}
S & =\frac{c^{3}}{16 \pi G} \int_{M} R \sqrt{-g} d^{d} x \\
& \approx \frac{c^{2}}{16 \pi G} \int_{M}\left[\left(\mathscr{K}^{\mu \nu} \mathscr{K}_{\mu \nu}-\mathscr{K}^{2}\right)+c^{2} \Pi^{\mu \nu} \tilde{R}_{\mu \nu}+\frac{c^{4}}{4} \Pi^{\mu \nu} \Pi^{\rho \sigma}(d T)_{\mu \rho}(d T)_{\nu \sigma}\right] E d^{d} x
\end{aligned}
$$

To leading order, this gives the timelike (or electric) Carroll gravity action

$$
S==\frac{1}{16 \pi G} \int_{M}\left[K^{\mu \nu} K_{\mu \nu}-K^{2}\right] e d^{d} x
$$



## Carroll expansion of GR: timelike

Leading-order $c \rightarrow 0$ expansion of GR gives timelike/electric Carroll gravity action

$$
S=\frac{1}{16 \pi G} \int_{M}\left[K^{\mu \nu} K_{\mu \nu}-K^{2}\right] e d^{d} x
$$

Agrees with Hamiltonian limits [Henneaux, Salgado-Rebodello]

EOM split into constraint and evolution equations [Hansen, Obers, GO, Søgaard] [Dautourt]

$$
\begin{aligned}
0 & =K^{\mu \nu} K_{\mu \nu}-K^{2} \\
0 & =h^{\rho \sigma} \tilde{\nabla}_{\rho}\left(K_{\sigma \mu}-K h_{\sigma \mu}\right) \\
\mathscr{L}_{\nu} K_{\mu \nu} & =-2 K_{\mu}^{\rho} K_{\rho \nu}+K K_{\mu \nu}
\end{aligned}
$$

Limit of 3+1 Lorentzian EOM. Remarkably, evolution can be solved analytically! $\Longrightarrow$ simpler also at NLO?

Found constraint solutions with physical angular and linear momentum $\Longrightarrow$ solvable subleading dynamics? Relation to BKL limit?


## Carroll expansion of GR: spacelike

From other limit can get spacelike/magnetic Carroll gravity action

$$
S=\frac{1}{16 \pi G} \int_{M}\left[h^{\mu \nu} \tilde{R}_{\mu \nu}+\chi^{\mu \nu} K_{\mu \nu}\right] e d^{d} x,
$$

Subset of full NLO action in $c \rightarrow 0$ expansion, no dynamics since $K_{\mu \nu} \sim \mathscr{L}_{v} h_{\mu \nu}=0$

Projecting EOM on spatial hypersurface, constraint is now

$$
0=h^{\mu \nu} \hat{R}_{\mu \nu}
$$



In 3+1 Lorentzian EOM this is responsible for massive solutions $\sim-1+\frac{2 G M}{r}$

Indeed now find isotropic 'black hole' solution

$$
v^{\mu} \partial_{\mu}=\frac{M+2 r}{M-2 r} \partial_{t} \quad h_{\mu \nu} d x^{\mu} d x^{\nu}=\left(1+\frac{M}{2 r}\right)^{4} \delta_{i j} d x^{i} d x^{j}
$$



Dynamics in full NLO theory?

## Outlook

Wrapping up, we have

- introduced Newton-Cartan geometry with local Galilean boosts
- obtained it from $c \rightarrow \infty$ expansion of GR
- sketched derivation of Poisson equation from action principle and then
- introduced Carroll geometry with local Carroll boosts
- obtained it from $c \rightarrow \infty$ expansion of GR
- found rich and analytically solvable equations at leading order


## Open problems:

- how far can analytic control extend to subleading orders?

- make contact with post-Newtonian and numerical simulations?

